

## SORA SPA BY THE GEORGE

### HOT STON MASSAGE

60 MIN: 540 NIS

A luxurious experiential treatment inspired by ancient Native American traditions, combining hands-on massage with hot and cold river stones.

### COMBINATION MASSAGE

50 MIN: 460 NIS | Couple: 790 NIS

A combined massage treatment integrates several massage techniques tailored to the client's needs. It may include Swedish massage, deep tissue massage, medical massage, and stretching. The goal is to provide a holistic approach that reduces pain and tension while promoting relaxation and overall balance.

### DEEP TISSUE MASSAGE

50 MIN: 490 NIS | Couple: 880 NIS | 70 MIN: 650 NIS

A deep and focused treatment designed to release muscles and tension points in different areas of the body.

### AROMATHERAPY MASSAGE

50 MIN: 460 NIS | Couple: 790 NIS

A gentle, holistic Swedish massage performed with natural essential oils with unique therapeutic properties.

### SWEDISH MASSAGE

50 MIN: 460 NIS | Couple: 790 NIS | 30 MIN: 330 NIS

A classic massage that helps release muscle tension, improve blood circulation, and relieve pain.

### APRICOT BUTTER BODY SCRUB

30 MIN: 330 NIS

body treatment that helps open pores, remove dead skin cells, and stimulate blood circulation.

Provides a feeling of freshness, cleanliness, and renewal, while deeply moisturizing the skin.

Supports the anti-aging process and is also effective in treating cellulite - especially recommended after pregnancy or weight loss.

### NECK, SHOULDERS & BACK MASSAGE

30 MIN: 330 NIS | Couple: 560 NIS

An intensive, focused treatment for the upper body. 30 minutes | 330 ILS couple: 560 ILS

### REFLEXOLOGY

50 MIN: 460 NIS | Couple: 790 NIS | 30 MIN: 330 NIS

A therapeutic method based on applying pressure to specific points on the sole of the foot to promote balance and relaxation.

### SPORTS MASSAGE

50 MIN: 490 NIS | Couple: 880 NIS | 70 MIN: 650 NIS

Specially tailored for people who train frequently, whether amateurs or professionals.

Designed to improve performance, prevent sports injuries, and enhance recovery after injury.

### ABHYANGA – FOUR HANDS

50 MIN: 650 NIS

An experiential treatment inspired by Indian tradition, including the application of warm sesame oil over the body using long, gentle strokes.

### THAI MASSAGE

50 MIN: 460 NIS

A traditional treatment method combining slow stretches and pressure techniques. Performed on a mat, wearing light and comfortable clothing.

### SHIATSU

50 MIN: 460 NIS

An ancient Eastern tradition combining physical and energetic work, including pressure and stretching along the body. Performed on a mat, wearing light and comfortable clothing.

### RAIN MAN BODY SCRUB

30 MIN: 330 NIS

A refreshing body treatment that helps open pores, remove dead skin cells, and stimulate blood circulation. Provides a feeling of cleanliness and renewal.

## SORA SPA BY THE GEORGE

### Facial Treatments - Christina

#### UNSTRESS - CALMING & INDULGENT TREATMENT

30 MIN: 330 NIS | 60 MIN: 540 NIS

A soothing treatment that prevents irritation, tingling, and inflammation caused by stress.

The products contain bio-active ingredients and chromophore complexes that strengthen skin cells and reduce damage caused by daily stress.

Helps prevent premature skin aging and strengthens the skin's natural immune defense mechanisms.

#### NEW ACNE - CALMING & RESTORATIVE (AGES 40+)

60 MIN: 650 NIS

An advanced treatment for mature skin, addressing all the small details of aging skin and delivering visible, immediate results.

For a refreshed, even, and firmer appearance that enhances facial contours.

#### BIOPHYTO – REVITALIZING & PURIFYING

50 MIN: 460 NIS

A treatment for balancing, stimulation, and detoxification.

A blend of green herbs that purifies the skin, balances, and provides comprehensive protection.

Suitable for all skin types.

### GENERAL TERMS

**Medical Concerns:** Before booking your treatment, please advise us of any medical conditions such as: pregnancy, high blood pressure, recent surgeries, allergies, or any other acute medical conditions.

**Cancellation & Late Policy:** Reservations cancelled 12 hours or less before the appointment will be charged the full rate. Late arrivals may not receive an extension of scheduled treatments to avoid inconvenience to other clients.

**Loss or Damage:** We regret that we cannot be responsible for any loss of your personal belongings. Please lock your valuable belongings in the safe.

**Spa Retail** To continue your spa & beauty regimen at home, some products used in the treatments are available for purchase.

**Pre-bookings** We recommend booking your treatment in advance to ensure that your preferred time and service are available.

**The Tariff** includes V.A.T at 0%

**\* Prices are for hotel guests only**